## **Inner Alignment workshops**

## There are 4 parts to the Inner Alignment workshops.

Each workshop is designed to enlighten you with interdimensional aspects of being a Soul living in a Human body. Once you understand that your Sovereignty (freedom to be yourself, fully creating your reality without fear, guilt, shame and anything that keeps you small) you'll on your way to being fully actualised, living multidimensional and connected to the Creator Source/God.

Part 1: Grounding, Lady Gaia, Child within, Affirmations and how it's very powerful to connect to ourselves by the foundation of life. Being fully in our body is the only way to create Peace, Joy, Love and Abundance on all levels.

Part 2: Emotions impact your life, Feminine and - Masculine aspects, Self- worth, The Power of Gratitude, Secrets to Manifestation, Rules for being Human, Power of Music. We are living in a dualistic world mastering our reality.

Part 3: Quantum timelines, 12 Chakra System, Your Innate, The Pineal Gland and its true purpose, how to vibrate higher. This workshop concentrates on the multi-dimensional and inter-dimensional aspects of you plus the world around us.

Part 4: This workshop is about your Soul. This aspect of you is eternal, no ending and no beginning. You are one with the Divine Source. Parts 1 to 3 brings all aspects of you together without the illusion of lower consciousness. This will help you to be Free from all dis-empowering beliefs whether it's lineage, society, gender, community or country.

